

## Health Advisor Weekend Only Rota Options

16 Hours - A									
		Mon	Tue	Wed	Thu	Fri	Sat	Sun	
Week 1	Start						07:00	07:00	
	End						15:30	15:30	
	Lunch						00:30	00:30	
	Hours Worked	00:00	00:00	00:00	00:00	00:00	08:00	08:00	16:00:00

16 Hours - B									
		Mon	Tue	Wed	Thu	Fri	Sat	Sun	
Week 1	Start						07:00	07:00	
	End						15:30	15:30	
	Lunch						00:30	00:30	
	Hours Worked	00:00	00:00	00:00	00:00	00:00	08:00	08:00	16:00:00
Week 2	Start						13:30	13:30	
	End						22:00	22:00	
	Lunch						00:30	00:30	
	Hours Worked	00:00	00:00	00:00	00:00	00:00	08:00	08:00	16:00:00

18 Hours - A									
		Mon	Tue	Wed	Thu	Fri	Sat	Sun	
Week 1	Start						08:00	08:00	
	End						18:00	18:00	
	Lunch						01:00	01:00	
	Hours Worked	00:00	00:00	00:00	00:00	00:00	09:00	09:00	18:00:00