

## Health Advisor Weekend Only Rota Options

### 16 Hours - A

|        |              | Mon   | Tue   | Wed   | Thu   | Fri   | Sat   | Sun            |
|--------|--------------|-------|-------|-------|-------|-------|-------|----------------|
| Week 1 | Start        |       |       |       |       |       | 07:00 | 07:00          |
|        | End          |       |       |       |       |       | 15:30 | 15:30          |
|        | Lunch        |       |       |       |       |       | 00:30 | 00:30          |
|        | Hours Worked | 00:00 | 00:00 | 00:00 | 00:00 | 00:00 | 08:00 | 08:00 16:00:00 |

### 16 Hours - B

|        |              | Mon   | Tue   | Wed   | Thu   | Fri   | Sat   | Sun            |
|--------|--------------|-------|-------|-------|-------|-------|-------|----------------|
| Week 1 | Start        |       |       |       |       |       | 07:00 | 07:00          |
|        | End          |       |       |       |       |       | 15:30 | 15:30          |
|        | Lunch        |       |       |       |       |       | 00:30 | 00:30          |
|        | Hours Worked | 00:00 | 00:00 | 00:00 | 00:00 | 00:00 | 08:00 | 08:00 16:00:00 |
| Week 2 | Start        |       |       |       |       |       | 13:30 | 13:30          |
|        | End          |       |       |       |       |       | 22:00 | 22:00          |
|        | Lunch        |       |       |       |       |       | 00:30 | 00:30          |
|        | Hours Worked | 00:00 | 00:00 | 00:00 | 00:00 | 00:00 | 08:00 | 08:00 16:00:00 |

### 18 Hours - A

|        |              | Mon   | Tue   | Wed   | Thu   | Fri   | Sat   | Sun            |
|--------|--------------|-------|-------|-------|-------|-------|-------|----------------|
| Week 1 | Start        |       |       |       |       |       | 08:00 | 08:00          |
|        | End          |       |       |       |       |       | 18:00 | 18:00          |
|        | Lunch        |       |       |       |       |       | 01:00 | 01:00          |
|        | Hours Worked | 00:00 | 00:00 | 00:00 | 00:00 | 00:00 | 09:00 | 09:00 18:00:00 |